INERTIA -Takes over if we do not exert some **Energy** DECAY NEGATIVE BAD POVERTY **FRUSTRATION** DARKNESS ILLNESS IGNORANCE **WEAKNESS BLAME** LOSING WAR **INCOMPETENCE** DISSATISFIED DEATH SELFISH **UNGRATEFULNESS** WORTHLESSNESS NOBODY NOTHING LAZY DOUBT FAILURE WORRY STRESS **GOING BACKWARDS** FALLING DISINTEGRATING **IMPRISONMENT** DEPENDENT UNRULY LIES ERRORS WRONG LACK SKEPTICISM WORSE DELUSION FEAR GREED UNCONTROLLED CIRCUMSTANCE **STAGNATION** WASTAGE **RESOURCE DEPLETION AMBIVALENCE** PROCRASTINATION REPELLING **SQUANDER IMPATIENCE UNFAIRNESS** DEMOTIVATE **INSTINCTIVE REACTION** FOLLOW DESTRUCTION **STARVATION** AIMLESS NEGLECT **GRINDING TO A HALT** REDUCE DESPAIR TRAGEDY EMPTY **INSECURITY**

ENERGY -

Takes some effort but creates Power GROWTH POSITIVE GOOD WEALTH CONTENTMENT LIGHT HEALTH LEARNED KNOWLEDGE STRENGTH PERSONAL RESPONSIBILITY WINNING PEACE **COMPETENCE** SATISFACTION LIFE GENEROUSITY GRATITUDE VALUE SOMEBODY SOMETHING PROACTIVITY BELIEF **SUCCESS** PEACE CALM **GOING FORWARDS CLIMBING** BUILDING FREEDOM **INDEPENDENCE** DISCIPLINED TRUTH **GOOD DECISIONS** RIGHT **PROSPERITY / ABUNDANCE** FAITH BETTER VISION COURAGE **TEMPERENCE** CONSCIOUS CHOICE AMBITION MAXIMISED POTENTIAL SERVICE PROVISION PASSION **ACTION** ATTRACTION INVESTMENT PATIENCE EQUITY **INSPIRATION** THOUGHTFUL RESPONSE LEAD **SURVIVAL** NOURISHMENT PLANNED NURTURE **GAINING MOMENTUM INCREASE** BLISS JOY FULL **SECURITY**

How many more examples can you add?